



GLAZED



Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Cane Sugar (97%), Maize Starch, Water

NUTRITIONAL INFORMATION	GLAZED	
	Serving Size 48g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1604KJ	769KJ
ENERGY	381KCAL	182KCAL
FAT TOTAL	12G	5G
FAT - SATURATED	4G	2G
CARBOHYDRATES TOTAL	64G	30G
CARBOHYDRATES - SUGAR	37G	17G
FIBRE	0.40G	0.19G
PROTEIN	3G	1G
SALT	0.25G	0.12G

DOUBLE BLUEBERRY



Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative (e202), Stabiliser (e450), acidity regulators (e524, e330), Flavouring, Colour (E160a), Natural Blueberry Flavouring, Sorbitol Water Glycerin Carboxymethylcellulose Sodium

Decoration:

Fresh Blueberries

NUTRITIONAL INFORMATION	DOUBLE BLUEBERRY	
	Serving Size 67g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1431KJ	958KJ
ENERGY	340KCAL	227KCAL
FAT TOTAL	11G	7G
FAT - SATURATED	4G	3G
CARBOHYDRATES TOTAL	58G	38G
CARBOHYDRATES - SUGAR	34G	23G
FIBRE	0.6G	0.40G
PROTEIN	2G	1G
SALT	0.21G	0.14G

DOUBLE STRAWBERRY



Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative (e202), Stabiliser (e450), acidity regulators (e524, e330), Flavouring, Colour (E160a), Natural Strawberry Flavouring, Sorbitol Water Glycerin Carboxymethylcellulose Sodium

Decoration:

Fresh Strawberry, White Melted Chocolate (sugar, dried whole MILK, Cocoa Butter, Emulsifier (SOYA Lecithins), Flavouring

NUTRITIONAL INFORMATION	DOUBLE STRAWBERRY	
	Serving Size 73g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1353KJ	987KJ
ENERGY	322KCAL	235KCAL
FAT TOTAL	10G	7G
FAT - SATURATED	4G	3G
CARBOHYDRATES TOTAL	53G	39G
CARBOHYDRATES - SUGAR	31G	22G
FIBRE	0.60G	0.44G
PROTEIN	2G	1G
SALT	0.22G	0.16G

LEMON MERINGUE

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative (e202), Stabiliser (e450), acidity regulators (e524, e330), Flavouring, Colour (E160a), Natural Lemon Flavouring, Sorbitol Water Glycerin Carboxymethylcellulose Sodium

Decoration:

Lemon Meringue, (egg whites, Sugar, natural flavours) White Melted Chocolate (sugar, dried whole MILK, Cocoa Butter, Emulsifier (SOYA Lecithins), Flavouring



NUTRITIONAL INFORMATION	LEMON MERINGUE	
	Serving Size 63g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1670KJ	1052KJ
ENERGY	397KCAL	250KCAL
FAT TOTAL	13G	8G
FAT - SATURATED	5G	3G
CARBOHYDRATES TOTAL	65G	41G
CARBOHYDRATES - SUGAR	44G	27G
FIBRE	0.40G	0.25G
PROTEIN	3G	2G
SALT	0.25G	0.15G

CHOCOLATE SPRINKLES

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Water Palm Oil Fat-Reduced Cocoa Powder (8.5%)

Invert Sugar Syrup Emulsifiers: E471, E435, E481 Salt

Preservative: E202 Stabiliser: E450 Acidity Regulators: E330, E524

Decorations:

Milk Chocolate (55%) Sugar, Dried Whole MILK, Cocoa Butter, Whey Powder (MILK), Emulsifier (SOYA Lecithins), Sugar, WHEAT Starch, Glucose Syrup, VColours (Anthocyanins, Curcumin), Concentrated Beetroot Juice, Coconut Oil, Glazing Agent (White and Yellow Beeswax)



NUTRITIONAL INFORMATION	CHOCOLATE SPRINKLES	
	Serving Size 57g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1620KJ	923KJ
ENERGY	385KCAL	219KCAL
FAT TOTAL	13G	7G
FAT - SATURATED	5G	3G
CARBOHYDRATES TOTAL	63G	35G
CARBOHYDRATES - SUGAR	37G	21G
FIBRE	1.20G	0.68G
PROTEIN	3G	2G
SALT	0.28G	0.16G

ORANGE CHOCOLATE

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative (e202), Stabiliser (e450), acidity regulators (e524, e330), Flavouring, Colour (E160a), Natural Orange Flavouring, Sorbitol Water Glycerin Carboxymethylcellulose Sodium

Decoration:

Dark Chocolate Drops (whole MILK powder, Cocoa butter mass, Whey powder (MILK), Skimmed MILK powder, Emulsifier (SOYA lecithins), flavouring, cocoa solids 20% minimum, MILK solids 20% minimum), Orange Chocolate (sugar, Cocoa mass, cocoa butter, dried skimmed MILK, dried Whey (from MILK) vegetable fats (palm, shea) MILK fat, emulsifiers (SOYA lecithins, E476), Orange oil, flavouring, MILK solids 14% minimum, cocoa solids 25% minimum, contains vegetable fats in addition to Cocoa Butter



NUTRITIONAL INFORMATION	ORANGE CHOCOLATE	
	Serving Size 67g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1666KJ	1116KJ
ENERGY	396KCAL	265KCAL
FAT TOTAL	13G	9G
FAT - SATURATED	5G	3G
CARBOHYDRATES TOTAL	66G	44G
CARBOHYDRATES - SUGAR	38G	25G
FIBRE	0.70G	0.47G
PROTEIN	2G	1G
SALT	0.27G	0.18G

VERY CHOCOLATELY



Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Water Palm Oil Fat-Reduced Cocoa Powder (8.5%)

Invert Sugar Syrup Emulsifiers: E471, E435, E481 Salt

Preservative: E202 Stabiliser: E450 Acidity Regulators: E330, E524

NUTRITIONAL INFORMATION	VERY CHOCOLATELY	
	Serving Size 60g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1575KJ	945KJ
ENERGY	374KCAL	224KCAL
FAT TOTAL	12G	7G
FAT - SATURATED	5G	3G
CARBOHYDRATES TOTAL	61G	36G
CARBOHYDRATES - SUGAR	32G	19G
FIBRE	0.90G	0.54G
PROTEIN	3G	2G
SALT	0.29G	0.17G

COFFEE



Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative (e202), Stabiliser (e450), acidity regulators (e524, e330), Flavouring, Colour (E160a), Natural Coffee Flavouring, Sorbitol Water Glycerin Carboxymethylcellulose Sodium

Decoration:

Chocolate Covered Coffee Beans

NUTRITIONAL INFORMATION	COFFEE	
	Serving Size 63g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1582KJ	996KJ
ENERGY	376KCAL	236KCAL
FAT TOTAL	12G	7G
FAT - SATURATED	5G	3G
CARBOHYDRATES TOTAL	63G	39G
CARBOHYDRATES - SUGAR	41G	26G
FIBRE	1.20G	0.76G
PROTEIN	2G	1G
SALT	0.27G	0.17G

MOCHA MELLOW



Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative (e202), Stabiliser (e450), acidity regulators (e524, e330), Flavouring, Colour (E160a), Natural Mocha Flavouring, Sorbitol Water Glycerin Carboxymethylcellulose Sodium

Decoration:

Marshmallows (glucose syrup, dextrose, water, humectant, sorbitol syrup, gelatine, fruit and plant concentrates, beetroot, safflower, flavouring)

NUTRITIONAL INFORMATION	MOCHA MELLOW	
	Serving Size 54g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1531KJ	826KJ
ENERGY	364KCAL	196KCAL
FAT TOTAL	11G	6G
FAT - SATURATED	4G	2G
CARBOHYDRATES TOTAL	61G	33G
CARBOHYDRATES - SUGAR	43G	23G
FIBRE	1.00G	0.54G
PROTEIN	3G	1G
SALT	0.28G	0.15G



VERY LEMONY

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calsium, Iron, Niacin, Thiamin,
Sugar, Dried Whole EGG Powder, Raising Agents (E431(i),
E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers
(e471, e435, e481), Salt, Perservative (e202), Stabiliser
(e450), acidity regulators (e524, e330), Flavouring, Colour
(E160a), Natural Lemon Flavouring, Sorbitol Water
Glycerin Carboxymethylcellulose Sodium

Decoration:

Starch (maize, potato, Rice) Colouring foods (concentrates
from radish, apples, blackcurrants, safflower), Vegetable
Oil (rapeseed) Colour (brilliant Blue FCF)

NUTRITIONAL INFORMATION	VERY LEMONY	
	Serving Size 53g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1626KJ	861KJ
ENERGY	386KCAL	204KCAL
FAT TOTAL	12G	6G
FAT - SATURATED	4G	2G
CARBOHYDRATES TOTAL	64G	34G
CARBOHYDRATES - SUGAR	37G	19G
FIBRE	0.60G	0.32G
PROTEIN	3G	1G
SALT	0.27G	0.14G



CHOCOLATE DRIZZLE

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calsium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG
Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Water Palm Oil Fat-Reduced Cocoa Powder (8.5%) Invert Sugar Syrup Emulsifiers:
E471, E435, E481 Salt Preservative: E202 Stabiliser: E450 Acidity Regulators: E330, E524

Decorations:

White Melted Chocolate (sugar, dried whole MILK,

NUTRITIONAL INFORMATION	CHOCOLATE DRIZZLE	
	Serving Size 57g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1646KJ	938KJ
ENERGY	392KCAL	223KCAL
FAT TOTAL	14G	8G
FAT - SATURATED	6G	3G
CARBOHYDRATES TOTAL	61G	34G
CARBOHYDRATES - SUGAR	35G	20G
FIBRE	0.80G	0.46G
PROTEIN	3G	2G
SALT	0.26G	0.15G



VANILLA OREO

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calsium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG
Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative
(e202), Stabiliser (e450), acidity regulators
(e524, e330), Flavouring, Colour (E160a)

Decoration:

WHEAT Flour, sugar, palm oil, rapeseed oil, WHEAT starch, fat reduced cocoa powder 4,
7%. glucose-fructose syrup, raising agents
(ammppnium carbonates, potassium carbonates, sodium carbonates), salt, emulsifier (SOYA,
lecithins), acidity regulator (sodium hydroxide), Flavourings

NUTRITIONAL INFORMATION	VANILLA OREO	
	Serving Size 64g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1653KJ	1057KJ
ENERGY	393KCAL	251KCAL
FAT TOTAL	13G	8G
FAT - SATURATED	5G	3G
CARBOHYDRATES TOTAL	65G	41G
CARBOHYDRATES - SUGAR	41G	26G
FIBRE	0.70G	0.45G
PROTEIN	2G	1G
SALT	0.28G	0.18G



CARAMEL LATTE

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin,
Sugar, Dried Whole EGG Powder, Raising Agents (E431(i),
E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers
(e471, e435, e481), Salt, Perservative (e202), Stabiliser
(e450), acidity regulators (e524, e330), Flavouring, Colour
(E160a), Natural Coffee Flavouring, Sorbitol Water Glycerine
Carboxymethylcellulose Sodium, Sugar, Salt, Colour (Plain Caramel), Perservative
(Potassium Sorbate), Acidity Regulator (Citric Acid)

Decoration:

Sugar, Water, Skimmed MILK, Soft Light Brown Sugar, Modified Starch, Dark Muscovado
Sugar, Salt, Butter, (MILK), Vegetable oil (Rapeseed), Stabilisers (Guar gum, Zanthan
gum), Preservative (Postassium sorbate), Colour (Plain Caramel), Flavouring

NUTRITIONAL INFORMATION	CARAMEL LATTE	
	Serving Size 59g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1504KJ	887KJ
ENERGY	357KCAL	210KCAL
FAT TOTAL	11G	6G
FAT - SATURATED	4G	2G
CARBOHYDRATES TOTAL	61G	36G
CARBOHYDRATES - SUGAR	41G	24G
FIBRE	0.90G	0.53G
PROTEIN	2G	1G
SALT	0.30G	0.18G



BLUEBERRY & SPRINKLES

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG
Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt,
Perservative (e202), Stabiliser (e450), acidity regulators (e524, e330), Flavouring, Colour
(E160a), Natural Blueberry Flavouring, Sorbitol Water Glycerin Carboxymethylcellulose
Sodium

Decorations:

Milk Chocolate (55%) Sugar, Dried Whole MILK, Cocoa
Butter, Whey Powder (MILK), Emulsifier (SOYA Lecithins),
Sugar, WHEAT Starch, Glucose Syrup, VColours
(Anthocyanins, Curcumin), Concentrated Beetroot Juice,
Coconut Oil, Glazing Agent (White and Yellow Beeswax)

NUTRITIONAL INFORMATION	BLUEBERRY SPRINKLES	
	Serving Size 54g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1647KJ	889KJ
ENERGY	391KCAL	211KCAL
FAT TOTAL	13G	7G
FAT - SATURATED	5G	2G
CARBOHYDRATES TOTAL	65G	35G
CARBOHYDRATES - SUGAR	42G	23G
FIBRE	0.3G	0.16G
PROTEIN	2G	1G
SALT	0.27G	0.15G



STRAWBERRY

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG
Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435,
e481), Salt, Perservative (e202), Stabiliser (e450), acidity regulators
(e524, e330), Flavouring, Colour (E160a), Natural Strawberry
Flavouring, Sorbitol Water Glycerin Carboxymethylcellulose Sodium

Decoration:

MILK, Sugar, Cocoa butter, Cocoa mass, Vegetable fats (palm, shea), Emulsifier (E442),
Flavourings

NUTRITIONAL INFORMATION	STRAWBERRY DRIZZLE	
	Serving Size 63g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1649KJ	1038KJ
ENERGY	392KCAL	246KCAL
FAT TOTAL	13G	8G
FAT - SATURATED	5G	3G
CARBOHYDRATES TOTAL	65G	41G
CARBOHYDRATES - SUGAR	40G	25G
FIBRE	0.50G	0.32G
PROTEIN	2G	1G
SALT	0.25G	0.16G

GOLDEN VANILLA

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin,

Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt,

Perservative (e202), Stabiliser (e450), acidity regulators

(e524, e330), Flavouring, Colour (E160a)

Decoration:

Sugar, Water, Maize Starch, Glazing Agents (Shellac, Beeswax), Caramelised Sugar Syrup,

Colours (Iron Oxides and Hydroxides, Curcumin), Coconut Oil

NUTRITIONAL INFORMATION	GOLDEN VANILLA	
	Serving Size 62g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1657KJ	1027KJ
ENERGY	394KCAL	244KCAL
FAT TOTAL	12G	7G
FAT - SATURATED	5G	3G
CARBOHYDRATES TOTAL	67G	41G
CARBOHYDRATES - SUGAR	44G	27G
FIBRE	0.50G	0.31G
PROTEIN	2G	1G
SALT	0.25G	0.15G

DOUBLE ORANGE

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG

Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt,

Perservative (e202), Stabiliser (e450), acidity regulators (e524, e330), Flavouring, Colour

(E160a), Natural Orange Flavouring, Sorbitol Water Glycerin Carboxymethylcellulose

Sodium Decorations:

Orange peel (39%), Glucose-Fructose Syrup, Lemon Peel (12%), Sugar, Acidity

Regulator (citric Acid), Perservative (Sulphur Dioxide)

NUTRITIONAL INFORMATION	DOUBLE ORANGE	
	Serving Size 65g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1613KJ	1048KJ
ENERGY	383KCAL	248KCAL
FAT TOTAL	12G	8G
FAT - SATURATED	4G	3G
CARBOHYDRATES TOTAL	66G	42G
CARBOHYDRATES - SUGAR	34G	22G
FIBRE	0.70G	0.46G
PROTEIN	1G	1G
SALT	0.25G	0.16G

VANILLA DRIZZLE

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calcium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG

Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative

(e202), Stabiliser (e450), acidity regulators

(e524, e330), Flavouring, Colour (E160a)

Decoration:

MILK, Sugar, Cocoa butter, Cocoa mass, Vegetable fats (palm, shea), Emulsifier (E442),

Flavourings

NUTRITIONAL INFORMATION	VANILLA DRIZZLE	
	Serving Size 62g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1692KJ	1049KJ
ENERGY	402KCAL	249KCAL
FAT TOTAL	13G	8G
FAT - SATURATED	5G	3G
CARBOHYDRATES TOTAL	67G	41G
CARBOHYDRATES - SUGAR	40G	25G
FIBRE	0.60G	0.37G
PROTEIN	2G	1G
SALT	0.26G	0.16G

VERY CHERRY

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calsium, Iron, Niacin, Thiamin,
Sugar, Dried Whole EGG Powder, Raising Agents (E431(i),
E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers
(e471, e435, e481), Salt, Perservative (e202), Stabiliser
(e450), acidity regulators (e524, e330), Flavouring, Natural Cherry Flavour, Humectant:
E422 Glycerol, Water, Thickener: E551 Silicon Dioxide, Colour: E124, E129
Decoration:
FreeZe Dried Sour Cherries

NUTRITIONAL INFORMATION	VERY CHERRY	
	Serving Size 48g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1609KJ	772KJ
ENERGY	382KCAL	183KCAL
FAT TOTAL	12G	5G
FAT - SATURATED	4G	2G
CARBOHYDRATES TOTAL	65G	31G
CARBOHYDRATES - SUGAR	40G	19G
FIBRE	1.50G	0.72G
PROTEIN	3G	1G
SALT	0.30G	0.14G



CINNAMON

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calsium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG
Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative
(e202), Stabiliser (e450), acidity regulators (e524, e330), Flavouring, Colour (E160a), Cassia
Cinnamon

Decorations:

Cassia Cinnamon and White Granulated Sugar

NUTRITIONAL INFORMATION	CINNAMON	
	Serving Size 52g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1553KJ	807KJ
ENERGY	369KCAL	191KCAL
FAT TOTAL	11G	6G
FAT - SATURATED	4G	2G
CARBOHYDRATES TOTAL	63G	32G
CARBOHYDRATES - SUGAR	40G	21G
FIBRE	1.20G	0.62G
PROTEIN	3G	1G
SALT	0.28G	0.15G



CARROT CAKE

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calsium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG
Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya, Nuts

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative
(e202), Stabiliser (e450), acidity regulators (e524, e330), Flavouring, Colour (E160a), Cassia
Cinnamon

Decorations:

Peacan Nuts, Iced Carrot

NUTRITIONAL INFORMATION	CARROT CAKE	
	Serving Size 76g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1594KJ	1211KJ
ENERGY	380KCAL	288KCAL
FAT TOTAL	14G	11G
FAT - SATURATED	4G	3G
CARBOHYDRATES TOTAL	59G	44G
CARBOHYDRATES - SUGAR	36G	27G
FIBRE	1.9G	1.44G
PROTEIN	4G	3G
SALT	0.26G	0.20G



PISTACHIO CRUNCH

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calsium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya, Nuts

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt,

Perservative (e202), Stabiliser (e450), acidity regulators

(e524, e330), Flavouring, Colour (E160a)

Decorations:

Crushed Pistachio Biscuits, drizzled with Pistachio Syrup

NUTRITIONAL INFORMATION	PISTACHIO CRUNCH	
	Serving Size 65g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1634KJ	1062KJ
ENERGY	389KCAL	252KCAL
FAT TOTAL	14G	9G
FAT - SATURATED	4G	3G
CARBOHYDRATES TOTAL	62G	40G
CARBOHYDRATES - SUGAR	43G	28G
FIBRE	1.1G	0.72G
PROTEIN	3G	1G
SALT	0.24G	0.16G

JELLY SANDWICH

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calsium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Filling)

Strawberry Jam, Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt, Perservative (e202), Stabiliser (e450), acidity regulators

(e524, e330), Flavouring, Colour (E160a)

Decorations:

Icing Sugar

NUTRITIONAL INFORMATION	JELLY SANDWICH	
	Serving Size 66g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1413KJ	932KJ
ENERGY	335KCAL	221KCAL
FAT TOTAL	8G	5G
FAT - SATURATED	3G	2G
CARBOHYDRATES TOTAL	61G	40G
CARBOHYDRATES - SUGAR	42G	27G
FIBRE	1.00G	0.66G
PROTEIN	3G	2G
SALT	0.22G	0.14G

BANANA

Ingredients: (Waffle)

WHEAT flour (WHEAT, Calsium, Iron, Niacin, Thiamin, Sugar, Dried Whole EGG Powder, Raising Agents (E431(i), E500(ii))

May Contain: Milk, Soya

Ingredients (Icing)

Sugar, Palm Fat, Water, Invert sugar syrup, emulsifiers (e471, e435, e481), Salt,

Perservative (e202), Stabiliser (e450), acidity regulators

(e524, e330), Flavouring, Colour (E160a), Natural Banana Flavouring

Decorations:

Freeze Dried Banana

NUTRITIONAL INFORMATION	BANANA	
	Serving Size 60g Average	
AVERAGE QUANTITIES	per 100g	per serving
ENERGY	1567KJ	940KJ
ENERGY	372KCAL	223KCAL
FAT TOTAL	12G	7G
FAT - SATURATED	5G	3G
CARBOHYDRATES TOTAL	63G	38G
CARBOHYDRATES - SUGAR	43G	26G
FIBRE	1.2G	0.72G
PROTEIN	2G	1G
SALT	0.27G	0.16G